

## National Tennis Rating Program (NTRP)

- 1.0 This player is just starting to play tennis
- 1.5 This player has limited experience and is still working primarily on getting the ball into play
- 2.0 This player needs on-court experience. This player has obvious stroke weaknesses but is familiar with basic positions for singles and doubles play.
- 2.5 This player is learning to judge where the ball is going although court coverage is weak. This player can sustain a short rally of slow pace with other players of the same ability.
- 3.0 This player is fairly consistent when hitting medium paced shots, but is not comfortable with all strokes and lacks execution when trying for directional control, depth, or power. Most common doubles formation is one-up, one-back.
- 3.5 This player has achieved improved stroke dependability with directional control on moderate shots, but still lacks depth and variety. This player exhibits more aggressive net play, has improved court coverage, and is developing team work in doubles.
- 4.0 This player has dependable strokes, including directional control and depth on both forehand and backhand sides on moderate shots, plus the ability to use lobs, over heads, approach shots and volleys with some success. This player occasionally forces errors when serving. Rallies may be lost due to impatience. Teamwork in doubles is evident.
- 4.5 This player has begun to master the use of power and spins and is beginning to handle pace, has sound footwork, can control depth of shots, and is beginning to vary game plan according to opponents. This player can hit first serves with power and accuracy and place the second serve.

- LIMITED CLASS SIZES. SIGN UP TODAY!
- Payment for lessons is due at registration of class.
- Credits or Refunds will NOT be given for missed or dropped classes.
- ITC reserves the right to cancel any class with a full refund due to lack of sign-ups.
- **ITC Membership is required to take classes.**  
**Exception: Beginner Classes**
- All ITC accounts must be current.
- Cancellation fee for dropping a group lesson is \$25 per group.

## LEAGUES

Please contact the Indianapolis Tennis Center for updated information on leagues. During the fall, winter and spring we offer World Team Tennis, Central Indiana Women's Tennis Leagues, ITC Member Singles League and Executive Play during the noon hour for men.

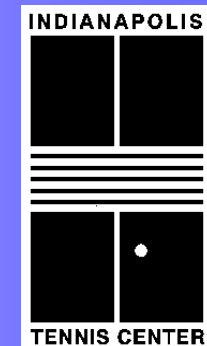
[www.indytennis.iupui.edu](http://www.indytennis.iupui.edu)  
[www.wtt.com](http://www.wtt.com)

INDIANAPOLIS TENNIS CENTER  
150 University Boulevard  
Indianapolis, IN 46202

## INDIANAPOLIS TENNIS CENTER ADULT FALL PROGRAM

September 1, 2009  
To  
December 23, 2009

*On the Campus of  
IUPUI*



150 University Boulevard  
Indianapolis, 46202  
317-278-2100  
317-278-0628 Fax  
[www.indytennis.iupui.edu](http://www.indytennis.iupui.edu)

# INDIANAPOLIS TENNIS CENTER FALL 2009 ADULT PROGRAMS

TUESDAY, SEPTEMBER 1, 2009 - WEDNESDAY, DECEMBER 23, 2009

## REGISTRATION

Class #	Class Name	Class Time	# of Classes	NO Play Dates	Instructor(s)	Member Cost	Non-Member Cost
<b>MONDAY</b>							
2009	Women's A/B Practice	12:00-2:00 pm	15	9/7	Bryan Smith & Debbie Steinhagen	\$300 (plus \$20 team fee)	
2019	2.5-3.0 Men & Women	6:00-7:00 pm	15	9/7	Micah Torgersen	\$150	
2029	3.5 Men & Women	7:00-8:30 pm	15	9/7	Micah Torgersen	\$225	
<b>TUESDAY</b>							
2039	Women's B/C Practice	12:00-2:00 pm	17	None	Bryan Smith & Debbie Steinhagen	\$340 (plus \$20 team fee)	
2049	3.5 Men	1:00-2:30 pm	17	None	Micah Torgersen	\$255	
2059	USA 1-2-3 Beginner	6:00-7:00 pm	17	None	Micah Torgersen	\$170	\$255
2069	2.0 Men & Women	7:30-9:00 pm	17	None	TBD	\$255	
2079	3.0 Men & Women	7:30-9:00 pm	17	None	Brian Reagan	\$255	
2089	4.0 Men & Women	7:00-8:30pm	17	None	Micah Torgersen	\$255	
2099	2.5-3.0 Men & Women	8:00-9:30pm	17	None	Paul Thomas	\$255	
<b>WEDNESDAY</b>							
2109	Women's C Practice	9:00-11:00 am	17	None	Bryan Smith & Debbie Steinhagen	\$340 (plus \$20 team fee)	
2119	3.5 High Intensity Drill	6:00-7:00 pm	17	None	Micah Torgersen	\$170	
2129	USA 1-2-3 Beginner	7:00-8:00 pm	17	None	Micah Torgersen	\$170	\$255
2139	3.5-4.0 Men & Women	7:30-9:00 pm	17	None	Paul Thomas	\$255	
<b>THURSDAY</b>							
2149	Women's Q Practice	9:00-11:00 am	15	11/26	Bryan Smith & Debbie Steinhagen	\$300 (plus \$20 team fee)	
2159	USA 1-2-3 Beginner	6:00-7:00 pm	15	11/26	Micah Torgersen	\$150	\$225
2169	3.5 Men & Women	8:00-9:30	15	11/26	Micah Torgersen	\$225	
<b>FRIDAY</b>							
2179	3.0-3.5 Men & Women	7:00-8:30 pm	14	9/18, 11/13	Ross Gehlhausen	\$210	
<b>SATURDAY</b>							
2189	*USTA Cardio Tennis	7:00-8:00 am	14	10/3, 11/14	Brian Reagan	\$140	\$210
2199	USA 1-2-3 Beginner	9:00-10:00 am	14	10/3, 11/14	Brian Reagan	\$140	\$210

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City/State/Zip: \_\_\_\_\_  
 Home Phone: \_\_\_\_\_  
 Work Phone: \_\_\_\_\_

**Please enter the following information:**

Member   
 Non-Member   
 Class #: \_\_\_\_\_ Cost: \_\_\_\_\_  
 Class #: \_\_\_\_\_ Cost: \_\_\_\_\_

**Method of Payment:**

Bill my ITC account (must be ITC member)  
 Cash  
 Check # \_\_\_\_\_  
 Credit Card  
 Please circle one:  
 Visa MasterCard Discover AmEx  
 Credit Card mail-in, faxes, or web entries for classes must include the following information:  
 Credit Card Account #: \_\_\_\_\_

Expiration Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Signature: \_\_\_\_\_

*CC information will be shredded after use.  
 ITC reserves the right to cancel any program with a full refund due to lack of sign-up.  
 Cancellation fee for dropping a group lesson is \$25 per group.*

**17 Week Session No Classes on Labor Day: 9/7/09 & Thanksgiving: 11/26/09 REGISTER NOW! 317-278-2100**

**ITC Adult Membership required for all classes. Exception: USA 1-2-3 Beginner classes.**